

**XTERRA®**

**MATTERLEY**



***ATHLETES GUIDE***

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# **Welcome Message**

**Welcome to XTERRA Matterley!**

**We look forward to welcoming all of you to Matterley Basin for the first edition of this off-road adventure.**

**Please read this event guide which covers all aspects of the event in detail.**

**If you have any questions not covered in this document then please get in touch via [doug.hall@xterraplanet.com](mailto:doug.hall@xterraplanet.com) or any of our XTERRA UK social media channels.**

**For last minute updates please make sure you follow us on [Facebook](#) and [Instagram](#).**

**Otherwise, enjoy your final few days of preparation and we can't wait to see you on race day!**

**Doug Hall  
XTERRA**

# Schedule

**Saturday 10th February 2024**

<b>09:00</b>	<b>Venue Opens</b>
<b>09:30</b>	<b>Duathlon Bib Number Pick Up</b>
<b>10:00</b>	<b>Transition Open</b>
<b>09:45-11:30</b>	<b>Course Open for Practice</b>
<b>11:45</b>	<b>Transition Close</b>
<b>11:45</b>	<b>Race Briefing</b>
<b>12:00</b>	<b>RACE START - Full Distance Duathlon</b>
<b>12:05</b>	<b>RACE START - Sprint Distance Duathlon</b>
<b>15:00</b>	<b>Prize Giving</b>

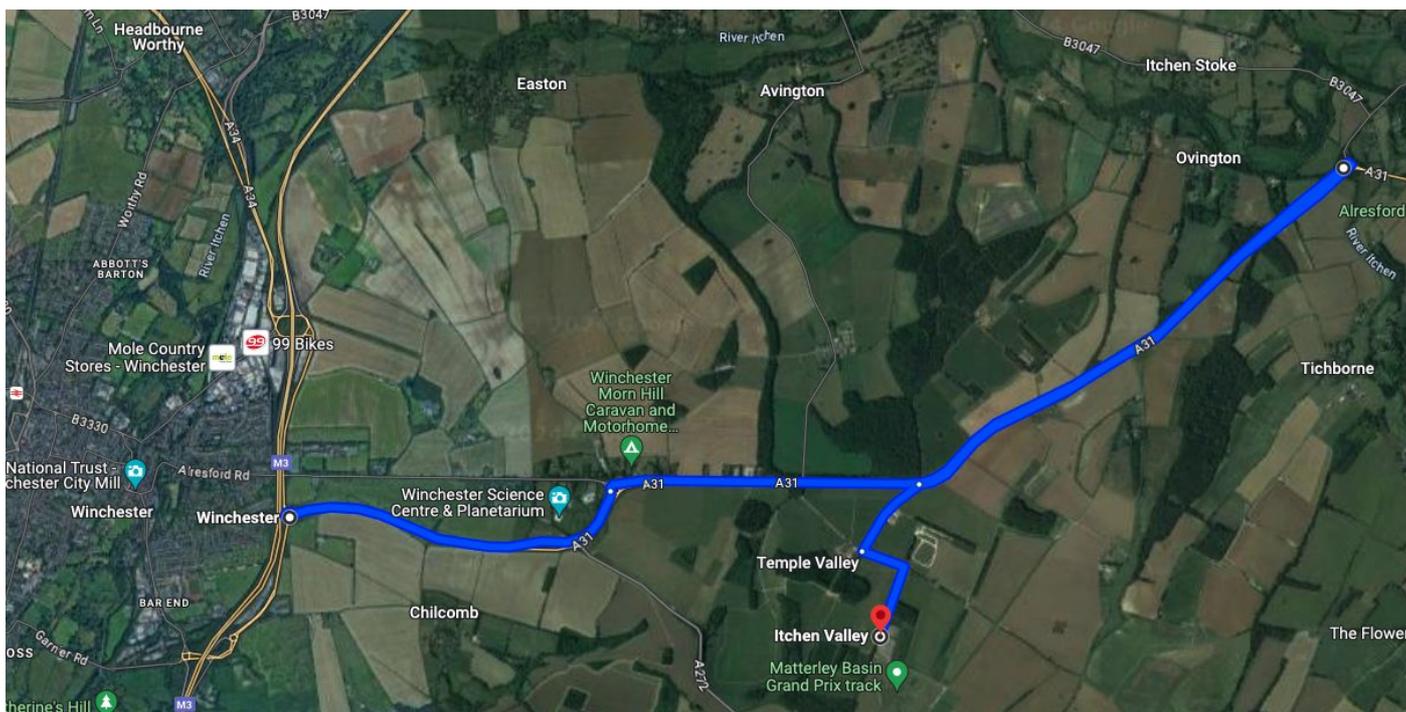
## Results and Startlist

**LIVE TIMING AND RESULTS**

**FULL DISTANCE START LIST**

**SPRINT DISTANCE START LIST**

# Event Location



## Venue Entrance

Use postcode **S021 1HW** to head towards the venue

**From the M3 junction 9 or 10 and join the A31 towards Alresford. After approx. 3 miles and one roundabout your satnav will probably ask you to turn right into a Farm, please ignore this instruction as the junction is not safe for lots of cars to use at the same time, please stay on the A31.**

**After around 3 miles, do a full lap of the large roundabout, and head south back towards Winchester.**

**Take the slip road into Juniper Leisure, Tank Driving and follow the event signs.**



# Car Parking

**Free parking is available on site. Please follow the directional arrows when entering the venue.**

**Parking is on the large hardstanding area on your left hand side as you arrive onto site. Please follow any marshal instructions, and please park appropriately in line with the other vehicles making sure others can leave after their race. Keep in mind that you must allow other competitors sufficient space to unload their bike and kit. The parking area is massive so there will be plenty of room for everyone!**

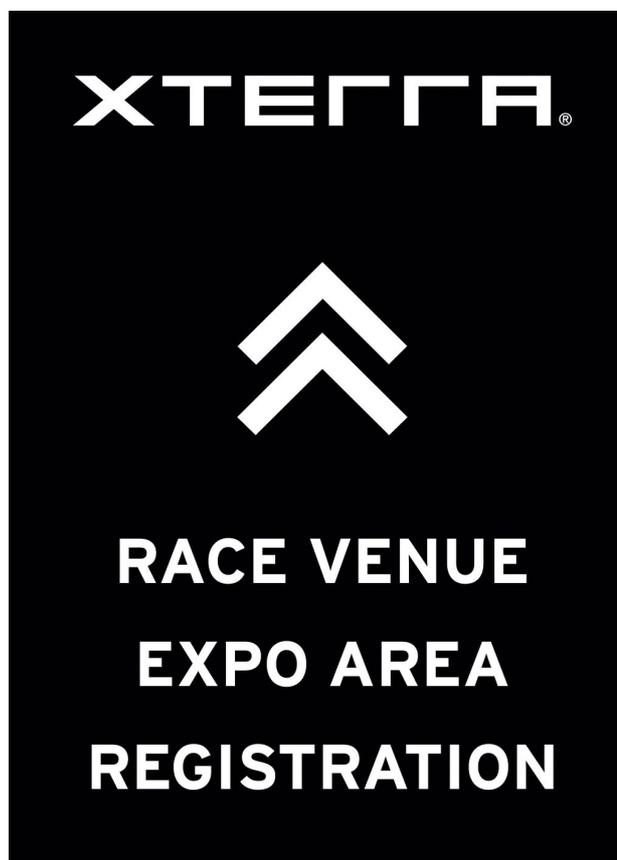


# Registration

*Follow the event signs to collect your race numbers*

*Please queue up for to sign in and approach the desk when called forward, ensure you bring some ID with you in case you are asked for it. The attendant will then hand your race number board and timing chip.*

*Don't forget to pick up some zip ties and pins to attach the number board and bib*



# **Course Practice**

***Open between 9:45 and 11:30***

***We've designed the bike course to cater for all abilities, whilst the most competent riders will be rewarded with speed the course is very accessible and can be ridden with basic mountain bike skills.***

***The course will be marked and marshalled from 9:45 so you can include a lap as part of your warm up. When riding the practice lap please do so careful and ideally with another rider or two.***

***We encourage you all to ride a practice lap so that you can get the most out of your race, there can be a lot of speed to be had if there are no surprises!***

***As always, please ensure you adhere to any instructions given to you by event marshals***

# Competition Rules

## [FULL British Triathlon Competition Rules](#)

Although this isn't a British Triathlon registered event we will be applying their rules where appropriate.

### Mountain Biking:

- The minimum tyre diameter is 26 inches and maximum is 29 inches. The minimum cross section is 1.5 inch
- Front and rear wheels may have different diameters
- Studded and/or slick tyres are allowed
- Competitors are allowed to push or carry the bike over the course
- Drafting is allowed.
- Clip-ons bars are not allowed
- Traditional road handlebars are forbidden
- Traditional MTB bar ends are authorized. Ends must be plugged
- Athletes must bring their own tools and parts and must carry out their own repairs; no outside assistance is allowed.
- **Cyclocross bikes are forbidden unless they comply with the above criteria.**

### Running:

- Spiked shoes are allowed.

# **Transition**

***Transition will close at 11:45.***

***Please wear your helmet and ensure that your bike plate number is attached when entering transition. Your bike may be checked for functional brakes and bar plugs.***

***There will be a marshal at transition to answer any race related questions you may have.***

***Please only bring items into transition that you will be using during the race. Please leave any unneeded items in your car, it is not far from transition to the carpark.***

***The racks will be marked for Full Distance and Sprint distance, but otherwise will operate on a first come first serve basis.***

***Transition has a one way flow to keep it fair for all.***

***Please make a note of the mount and dismount lines to ensure you don't incur a penalty.***

# **Race Start**

***Both races will start under the finish gantry. There will be a startline briefing at 11:45 for any final details. When called please make your way through the start /finish zone.***

***Both Full distance and Sprint distance will start at 12:00***

# **Aid Stations**

***There are multiple aid stations out on course but these will be self service and working on a cupless basis to reduce single use plastic.***

***We will also have a competitor 'pit lane' for participants to place any nutrition, spares, tools that you may need to access during the event. Please note that this is self service. Outside assistance from spectators or pit crew is not allowed.***

# Race Courses

## Run

### **Sprint Distance**

**1 lap**

**2.5km**

**70m elevation**

### **Full Distance**

**2 laps**

**5.3km**

**70m elevation**

**Mixture of gravel tracks  
and woodland single tracks**

**GPX link**



## Bike

### **Sprint Distance**

**2 laps**

**10km**

**138m elevation**

### **Full Distance**

**4 laps**

**20km**

**276m elevation**

**Mixture of gravel track and  
woodland single tracks**

**GPX link**

**Bike Course Video**



# Course Markings

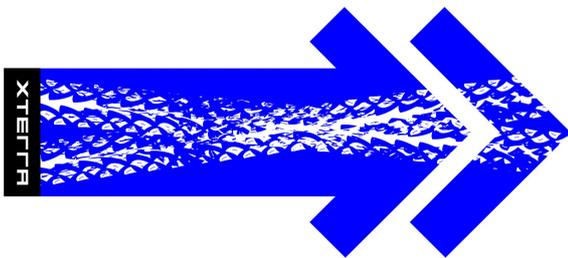
*Both the bike and the run course will be marked using large arrows and survey flags. We are trying to reduce the amount of single use plastic course tape, so this will only be used in key areas.*

*Blue = Bike Course*

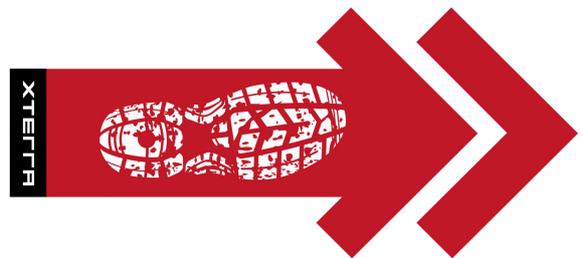
*Red = Run Course*

*We will use CAUTION signs to alert you to any technical sections.*

BIKE COURSE



RUN COURSE



# Post Race

*After crossing the finish line, you'll receive your XTERRA MATTERLEY finisher drinks coaster!*

*Please remove your timing chip and place in one of the buckets at the finish zone.*

*Prize giving:*

*There will be a podium presentation after the races. If you're lucky enough to be on the podium your prize will be waiting for you. If you're not one of the lucky ones please come along, give everyone a cheer and celebrate with them.*

*We'll be celebrating the top three finishers in the following categories*

## **Full Distance**

**Elite**

**18-39 Senior**

**40-49 Vet 40**

**50-59 Vet 50**

**60+ Supervet**

## **Sprint Distance**

**14-15 Youth A**

**16-17 Youth B**

**18-39 Senior**

**40-49 Vet 40**

**50-59 Vet 50**

**60+ Supervet**

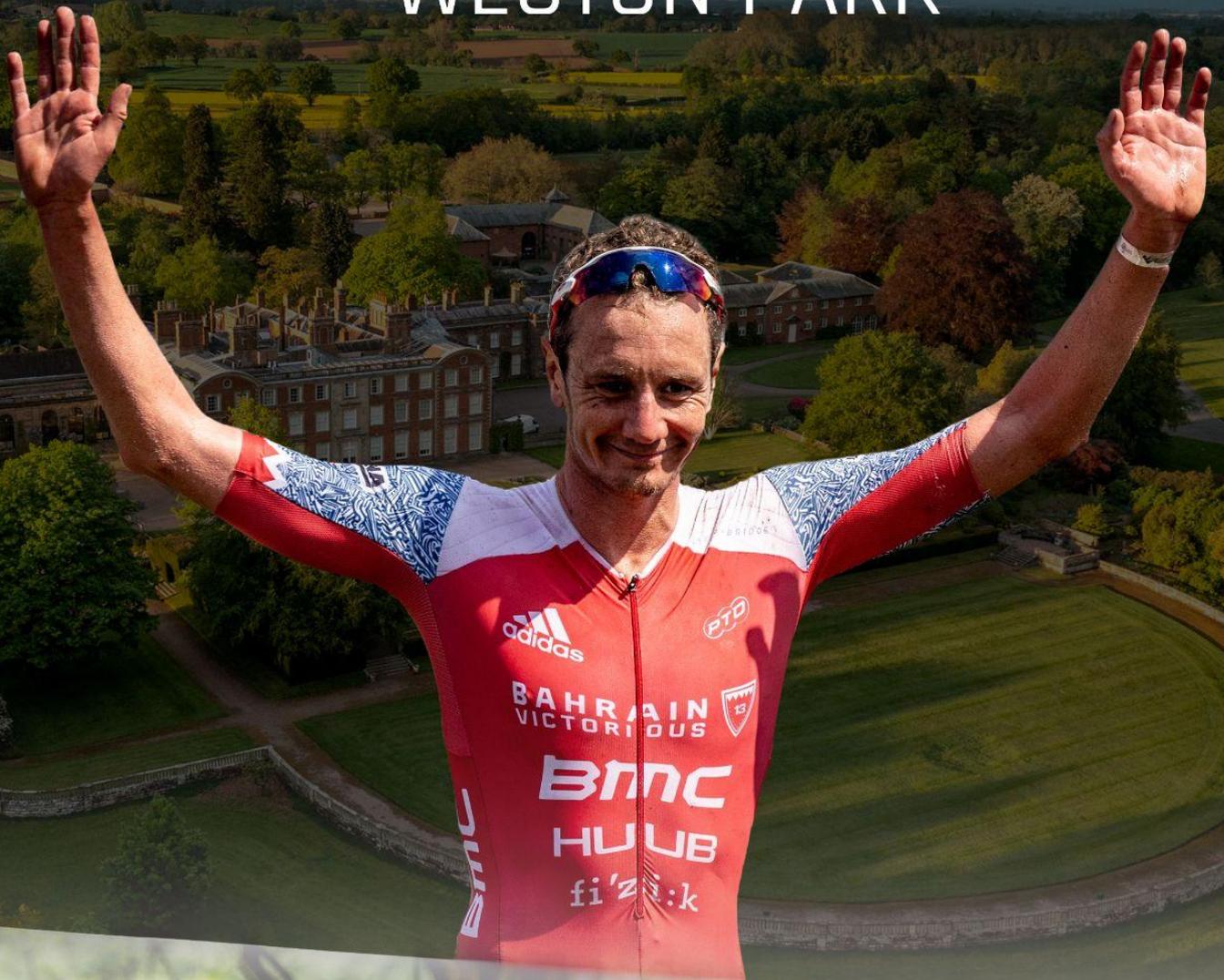
**Results:**

**Full results will be posted on [XTERRA MATTERLEY Event Page](#)**

**Results will be displayed both in the above categories and in the XTERRA / BTF AG categories.**

# XTERRA®

## WESTON PARK



# 11 MAY 2024

## OFF ROAD TRIATHLON

### FULL & SPRINT DISTANCES

**WESTON PARK**  
**SHROPSHIRE**  
**TF11 8JS**

  
WESTON PARK



SCAN ME

