



XTRERRA

TRAIL RUN WORLD SERIES

10K/25K/50K

ZHANGJIAJIE WULINGYUAN

2024/10/27

ATHLETE'S GUIDE



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WELCOME SPEECH

Dear participants and community members,

Welcome to the 2024 XTERRA Trail Run World Series Zhangjiajie Wulingyuan. Get ready to be part of the "More Than Trail" experience, where every step immerses you in the awe-inspiring beauty of this UNESCO World Heritage Site.

In 1996, 114 off-road triathlon athletes gathered on the beaches of Hawaii to witness the birth of the first XTERRA off-road triathlon. Today, XTERRA is more than just a race. Through various outdoor activities such as trail runs, kid's events, training camps, X-Discovery and X-Plogging cleanup initiatives, we pursue an outdoor lifestyle with our community members to live adventurously as we protect the places we play. To date, XTERRA spans across 47 countries/regions, hosting over 300 events each year. Participants are diverse in gender, nationality, and ethnicity, ranging from ages 5 to 81.

This year, XTERRA makes its inaugural debut in Zhangjiajie's Wulingyuan. After extensive exploration and development, we have connected ancient trails, unveiling a new side of Zhangjiajie Wulingyuan – a true trail runner's paradise. Together, we'll weave through the world-renowned sandstone peaks, embracing a unique symphony of nature and culture along the way.

As an official stop of the XTERRA Trail Run World Series, this event offers 232 qualifying spots for the 2025 XTERRA Trail Run World Championship. Athletes who earn these spots will head to Eryri National Park (Snowdonia) in Wales, UK, on July 11-12, 2025, to compete with the world's top trail runners for the title of Full and Half Marathon World Champion—and a collective prize pool of \$10,000.

Rooted in sustainability, inspired by nature, and fueled by raw challenge, we invite all participants to join us to practice #WePlayWeProtect. XTERRA China has been partnering with China Green Fondation - Millions Forest Project since 2020. We will plant a tree for each participant in arid regions, to help combat desertification.

Now, it is time to lace up, embrace the challenge, and prepare to make memories in one of nature's most extraordinary backdrops! Have a safe race. See you at the finish line!

XTERRA CHINA

XTERRA TRAIL RUN WORLDED SERIES

A. Introduction to the XTERRA Trail Run World Series

In September 2022, the XTERRA Trail Run World Series was officially launched, featuring more than 30 premier trail running events across 20+ countries and regions. The XTERRA Trail Run World Series shares equal prominence with the renowned XTERRA Off-road Triathlon World Tour.

Echoing the spirit of XTERRA—community, discovery, challenge, and exploration, the XTERRA Trail Run World Series is an inclusive trail run event series that welcomes runners of all levels, regardless of age or status. Join us and enjoy the excitement of trail run in the amazing environment around the world.

XTERRA has hosted trail run events in numerous nations and areas. This is the first time that all events have been connected via the XTERRA ranking system. Every race in the XTERRA Trail Run World Series also serves as a qualifying race for the Trail Run World Championship.

XTERRA Trail Run World Series focuses on mid to long distance categories: Full Marathon (35K+) and Half Marathon (15-34K) divisions. The cut-off time will be determined based on the distance and difficulty of each event.

Available in select races, the Segment Challenge offers additional series ranking points to top athletes, motivating trail running enthusiasts worldwide to push their limits and achieve new personal breakthroughs.

B. 2025 XTERRA Trail Run World Championship Slots

The XTERRA Trail Run World Series features Full and Half-Marathon categories, each offering a limited number of slots for individuals to qualify for the 2025 XTERRA Trail Run World Championship, with slots valid only for the corresponding distance categories.

C. The Segment Challenge

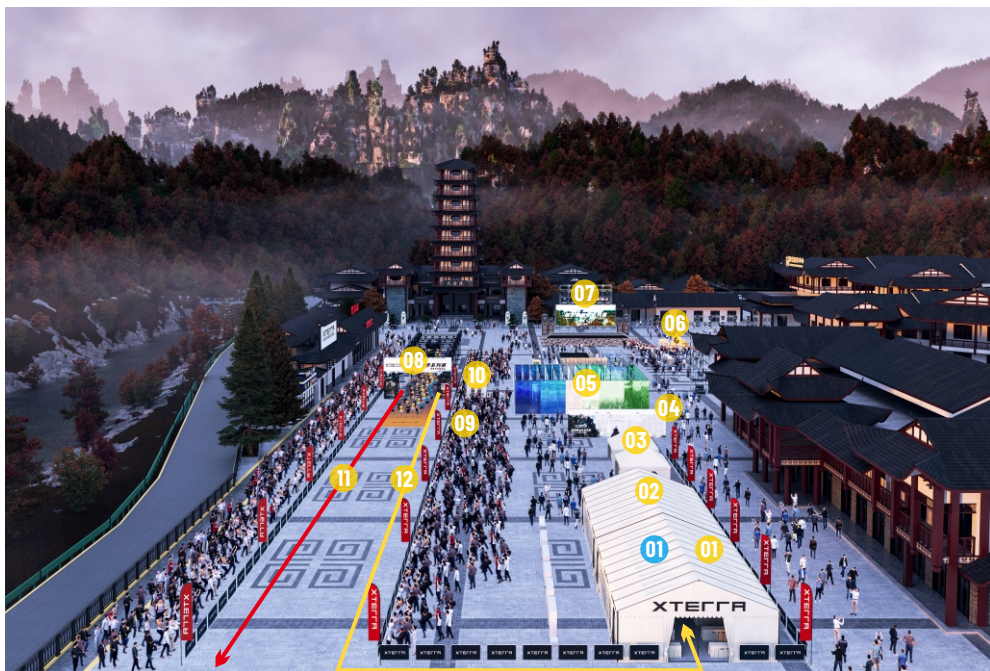
1. Available in select races, including the Trail Run World Championship, segment challenges offer additional series ranking points to the top 20 speedsters, climbers and downhill bombers over defined sections of the course.
2. Regarding the athletes' points, please check XTERRA official website xterraplanet.com.
3. Zhangjiajie Wulingyuan "segment challenges" signages are shown as below. Once you see the start of segment, you can attempt run as fast as you can to earn additional ranking points.



EVENT SCHEDULE

DATE	TIME	ACTIVITIES	LOCATION
10/25 (Friday)	14:00-18:00	Athlete Check-in	Wulingyuan Scenic Area East Gate (Landmark Gate)
10/26 (Saturday)	09:00-21:00	Athlete Check-in	
	17:00-17:20	Race Briefing	
	17:25-17:50	Athletes Meet-and-greet	
	18:30-21:30	Festival	
10/27 (Sunday)	06:00-07:00	Bag Storage Open	
	06:30-07:00	Start Ceremony	
	07:00	Race Start - 50K	
	07:15	Race Start - 25K/10K	
	11:00	Awards Ceremony - 25K/10K	
	14:00	Awards Ceremony - 50K	
	20:00	Race Finish	

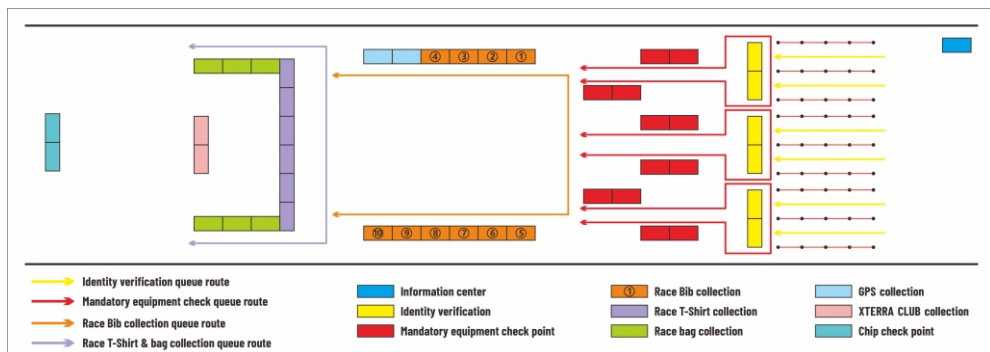
MAIN VENUE



- 01** Before Race Athletes Check-in
- 01** Race Day: Post Race Supplies
- 02** Race Day: Bag Depository
- 03** Recovery
- 04** Athletes' Name Wall
- 05** Festival
- 06** Side Stage
- 07** Main Stage
- 08** Start/Finish Line
- 09** Finisher Medal Distribution
- 10** Timing & Medical Aid
- 11** Start Route
- 12** Finish Route

ATHLETE CHECK-IN

Check-in Layout



Check-in Instructions

1. All athletes are required to check-in in person.

2. Check-in Timing: Oct. 25-26, 2024 (Please refer to the event schedule of athletes guide for specific timings).

3. Check-in Location: Wulingyuan Scenic Area East Gate (Landmark Gate)

4. Check-in Process:

Identify verification → Mandatory equipment check → Race Bib collection → Race Kit collection → Chip check

5. During check-in, participants must present the original identification documents used during registration (ID card, household registration booklet, or passport, etc.).

6. Athletes must take all the mandatory equipment required by the corresponding race category, and collect the race bib after passing the inspection. Athletes who fail to meet the requirements, the event organizer has the right to refuse their participation in the race, and only non-race related materials can be collected, i.e. no race bib/bracelet/GPS etc. And no entry fee will be refunded.

7. Please check and ensure that the athletes information and race kit are complete and accurate to avoid any inconveniences.

8. A race briefing will be conducted to explain the race rules, routes, procedures, and important points to the athletes. In order to familiarize the athletes with the relevant information in advance, please arrange your time and join the briefing. The time and location are listed in the event schedule.

9. Athletes who fail to check-in within the specified time will automatically lose their race qualifications and will not be allowed to enter the race route. Race Marshals have the authority to stop those athletes without a race bib from participating in the race.

10. Athletes who are unable to participate in the race due to unforeseen reason and wish to receive race kit should send an email to xterra.china@xterraplanet.com within 7 days after the race (before Nov. 03). The race kit will be sent via cash-on-delivery (COD) and that will only be available within mainland China.

11. Athletes of this event will enter the Zhangjie National Forest Park free of charge from October 26-28, 2024 with their race bib and personal ID card (which must be the same as the ID card type and number submitted during registration).

ATHLETE CHECK-IN

Equipments List

- All mandatory equipments other than Race kit (cilicon cup, race Bib, and GPS) must be checked before Check-in. Athletes are required to prepare according to the table below before going to collect the materials. If the mandatory equipments are incomplete, the Race kit will not be given to the athlete.
- The top three males and females in the 50K group must check all the mandatory equipment after finishing the race. If the mandatory equipments are not complete, the athletes' results will be invalid, and the subsequent athletes will take up the place.

Mandatory Equipments	50K	25K	10K
Race bib with timing chip	✓	✓	✓
Phone or watch with downloaded race track	✓	✓	✓
GPS	✓		
Water bag, cup or bottle	✓	✓	✓
Trail run backpack or waistpack	✓	✓	
Whistle	✓	✓	
Emergency blanket	✓	✓	
Energy Supply	✓	✓	
Headlamp and backup battery	✓		
Warm Top (Wool, fleece, or down)	✓		
Jacket(Waterproof rating 10000+)	✓	✓	
First Aid Packet (Straps, iodophor swabs, band-aid)	✓		
Suggested Equipments			
Trail Run Shoes			
Sports Watch			
Sport Glasses			
Sport Cap			
Gloves			
Sunscreen Cream			
Mosquito Repel			
Power Bank			
Sealed Bag (put your own waste)			

ATHLETE CHECK-IN

Race Kit

Race	Race Bag	T-Shirt	XTERRA Cap	Race Belt	Silicone Cup	Race Bib	GPS
50K	✓	✓	✓	✓	✓	✓	✓
25/10K	✓	✓	✓	✓	✓	✓	

Race bib design for reference



50KM-Male



50KM-Female



25KM-Male



25KM-Female



10KM-Male



10KM-Female

RACE INFORMATION

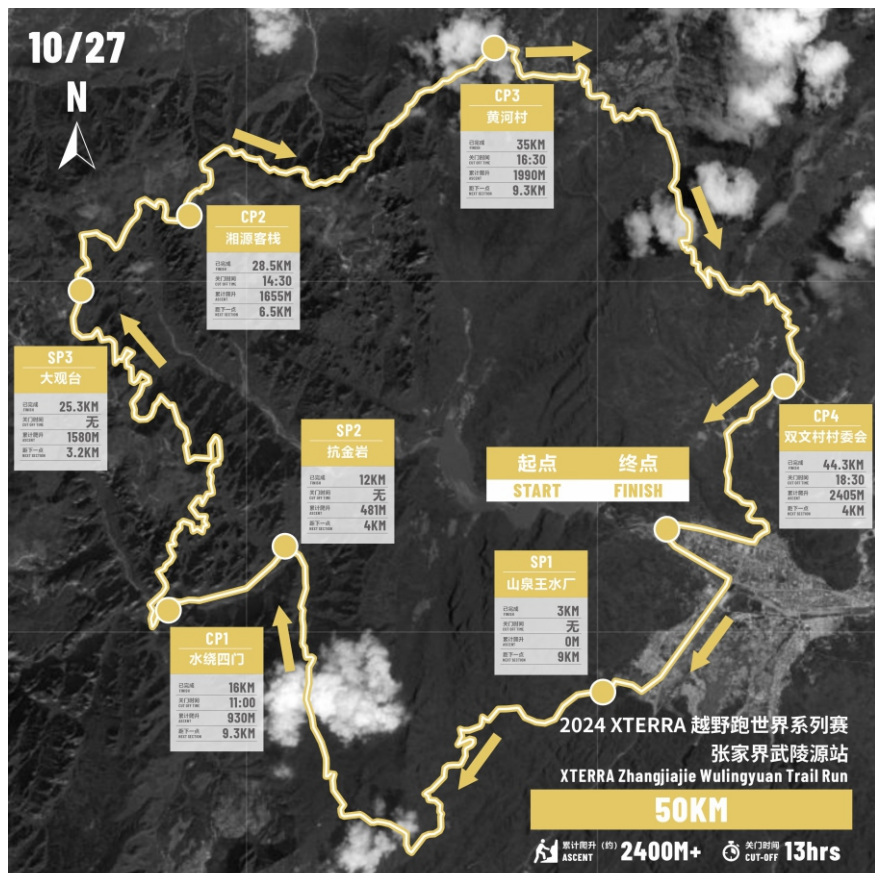
Grouping

1. 10K: Participants will be grouped by gender.
2. 25K 50K: Participants will be grouped by gender and age, with age calculations based on December 31st, 2024.

MALE		FEMALE	
M18-19	M45-49	F18-19	F45-49
M20-24	M50-54	F20-24	F50-54
M25-29	M55-59	F25-29	F55-59
M30-34	M60-64	F30-34	F60-64
M34-39	M65-69	F34-39	F65-69
M40-44		F40-44	

RACE INFORMATION

Race Course Information



50KM, Total Climbing: 2400m, Cut-off: 13 hours, ITRA Points: 3

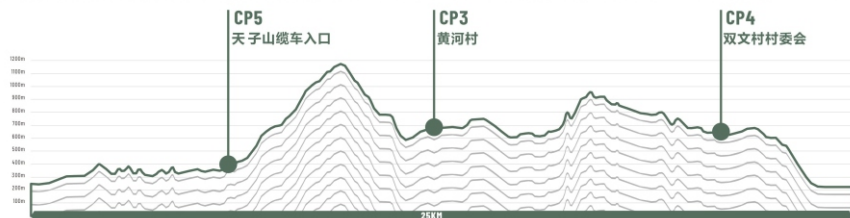
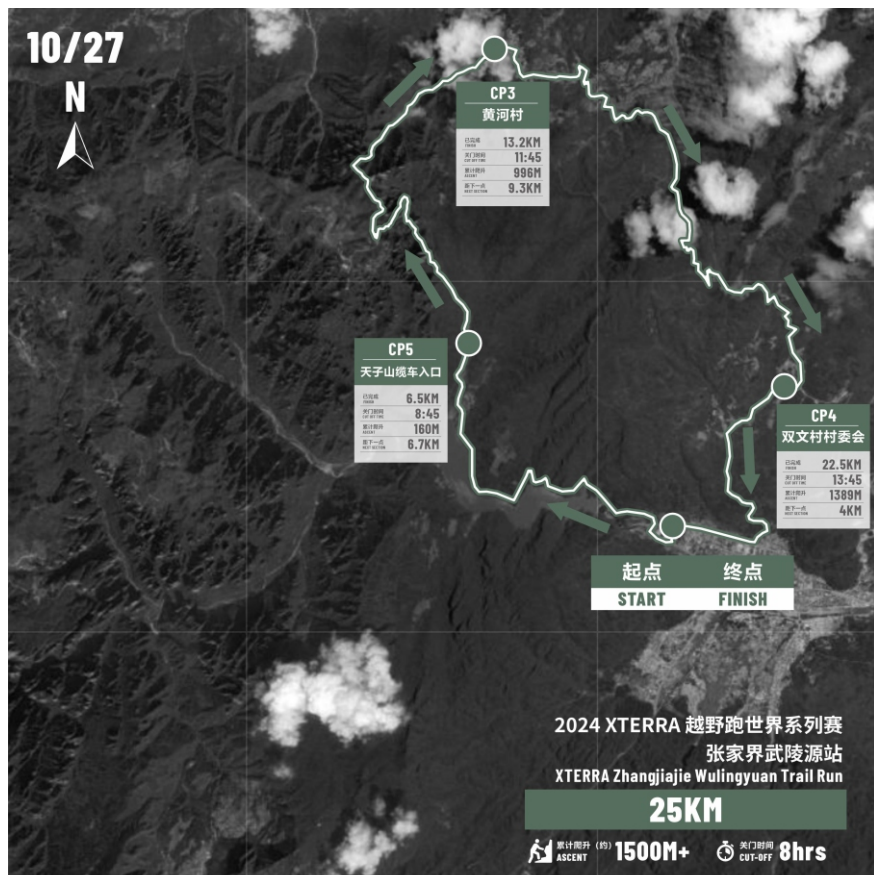
RACE INFORMATION

50K Race Supply

	SP1 Spring Water Plant	SP2 Anti Gold Rock	CP1 Water Loop Four Gates	SP3 Grand View Platform	CP2 Xiangyuan Inn	CP3 Huanghe Village	CP4 Shuangwen Village Committee	START/FINISH Landmark Gate Square
Water	●	●	●	●	●	●	●	●
Sports Drink	/	●	●	●	●	●	●	●
Coke	/	/	●	/	●	●	●	●
Banana	/	●	●	/	●	●	●	●
Cherry Tomato	/	/	●	/	●	●	/	/
Orange	/	/	●	/	/	●	/	/
Cucumber	/	/	●	/	/	●	/	/
Water Melon	/	/	●	/	/	●	/	/
Chips	/	/	●	/	/	/	/	/
Sausage	/	/	●	/	●	/	/	/
Haw Strip	/	/	●	/	/	●	●	/
Peanuts	/	/	●	/	●	●	/	/
Raisin	/	/	●	/	●	●	/	/
Bread	/	/	●	/	/	/	/	/
Coffee	/	/	●	/	/	●	/	/
Pickles	/	/	●	/	●	●	●	/
Porridge	/	/	●	/	●	/	●	/
Steamed Bun	/	/	●	/	/	/	/	/
Kudzu Root Powder	/	/	●	/	/	/	/	/
Tujia Flavor Sauce Cake	/	/	/	/	●	/	/	/
Dumplings	/	/	/	/	●	/	/	/
Chicken	/	/	/	/	●	/	/	/
Chicken Soup	/	/	/	/	/	●	/	/
Mutton Noodles	/	/	/	/	/	●	/	/
Tujia Flavor Sausage	/	/	/	/	/	●	/	/
Fried Egg / Marinated Egg	/	/	/	/	/	●	/	/
Rice	/	/	/	/	/	●	/	/
Cold Noodles	/	/	/	/	/	/	●	/
Fried Rice/Noodles	/	/	/	/	/	/	●	/
Meat Balls	/	/	/	/	/	/	●	/
Finisher Food	/	/	/	/	/	/	/	●

RACE INFORMATION

Race Course Information



25KM, Total Climbing: 1500m, Cut-off: 8 hours, ITRA Points: 1

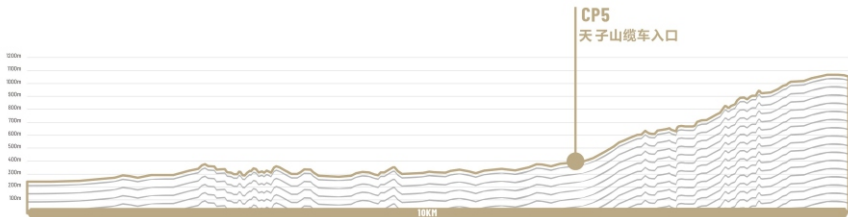
RACE INFORMATION

25K Race Supply

	CP5 Entrance to Tianzishan Cableway	CP3 Huanghe Village	CP4 Shuangwen Village Committee	START/FINISH Landmark Gate Square
Water	●	●	●	●
Sports Drink	●	●	●	●
Coke	●	●	●	●
Banana	●	●	●	●
Cherry Tomato	●	●	/	/
Orange	/	●	/	/
Cucumber	/	●	/	/
Water Melon	/	●	/	/
Chips	●	/	/	/
Sausage	●	/	/	/
Hawthorn Strip	/	●	●	/
Peanuts	/	●	/	/
Raisin	●	●	/	/
Bread	●	/	/	/
Coffee	/	●	/	/
Pickles	●	●	●	/
Porridge	/	/	●	/
Chicken Soup	/	●	/	/
Mutton Noodles	/	●	/	/
Tujia Flavor Sausage	/	●	/	/
Fried Egg / Marinated Egg	/	●	/	/
Rice	/	●	/	/
Cold Noodles	/	/	●	/
Fried Rice/Noodles	/	/	●	/
Meat Balls	/	/	●	/
Finisher Food	/	/	/	●

RACE INFORMATION

Race Course Information



10KM, Total Climbing: 1000m, Cut-off: 4 hours

RACE INFORMATION

10K Race Supply

	START Landmark Gate Square	CP5 Entrance to Tianzishan Cableway	FINISH LINE The terminus of Tianzishan cableway
Water	●	●	●
Sports Drink	●	●	/
Coke	/	●	/
Banana	/	●	●
Cherry Tomato	/	●	/
Chips	/	●	/
Sausage	/	●	/
Raisin	/	●	/
Bread	/	●	/
Pickles	/	●	/
Finisher Food	/	/	●

RACE INFORMATION

GPX file download

The course GPX file will be released on Oct. 23, 2024. Athletes can download it through:

1. XTERRA WeChat Mini Program



2. Or race website:

<https://www.xterraplanet.com/event/xterra-zhangjiajie-wulingyuan-trail-run>

Track Signage and Precautions

1. Please follow the signs and road markings for off-road running direction. (see figure below)



2. For safety reasons, the organizing committee reserves the right to make adjustments to the course based on weather conditions.

3. On the track, please allow faster runners to pass, and before passing, athletes shall inform the frontrunner about the avoidance direction, such as "On your left".

4. If athletes withdraw during the race, please inform staff on the track.

5. It is strictly prohibited to cross over course signage, course markers, caution tape, or take unauthorized shortcuts during the race. If any of the above violations occur, race officials will record the participant's number and have the authority to impose a time penalty. In serious cases, the athletes will be disqualified.

6. The organizing committee has installed protective nets, ropes, warning tapes and other protective measures on the dangerous sections of the track, and there are reminder boards. When athletes see the reminder, please slow down and pass on the inside. When the track narrows, pass in turn and do not overtake on the outside.

GENERAL RULES

- 1.If for any reason an athlete can not finish the race, he/she must report to the finish line area. This will result in a DNF (did not finish) result.
- 2.Consider the safety of yourself and other athletes at all times during the race. Treat other athletes, race officials, race marshals, medical staff, traffic enforcers, and spectators with respect and courtesy before, during and after the race.
- 3.Participants shall refrain from unsportsmanlike conduct, including the improper use of language or conduct directed toward another participant, race official, race marshal, medical staff or traffic enforcer, and spectators.
- 4.Any protest relating to race results must be submitted in writing to the Race Director within one hour of the final race cutoff.
- 5.For environmental protection:
 - Littering on the course is prohibited. Any item that needs to be discarded, including water bottles, gel wrappers, energy bar wrappers, or clothing items, can only be discarded at aid / hydration stations.
 - No disposable water cup for this event. Please bring your own water bottle. A silicon cup will also be provided in the race bag.
 - Bottle water is neither allowed to be brought to the course, nor taken outside of the SP stations.
 - Alpenstocks and other auxiliary tools are not recommended during the race.
 - No smoking in SP stations or on the course.
- 6.MP3 players or any kind of personal music / listening devices with headset are highly recommended not to be used at any time during the race for safety concern.
- 7.Race bibs and race registration CANNOT be transferred. Athletes found racing under a different name will be disqualified.
- 8.In case of severe weather on race day, XTERRA reserves the right to make the necessary adjustments to the racecourse to ensure the safety of all participants. If XTERRA cancels the race, full payment of the registration fee would be returned to athletes.

PENALTY RULES

1. Athletes who engage in the following behaviors, his/her race result will be disqualified:

- Intentionally destroying or altering course signages;
- Intentionally damaging the equipment of other athletes;
- Maliciously obstructing other athletes' progress;
- Refusing to attend the award ceremony;
- Riding in a vehicle during the race;
- Conducting commercial activities without the approval of the organizing committee and refusing to correct it;

• Failing to carry the required competition equipment (such as mandatory equipment, not wearing the race bib on the chest, or not using the chip timing device as required) and having a significant impact on competition safety and results;

- Refusing inquiries and examinations by medical staff during the event;
- Disobeying the instructions of referees, pacemakers, and other violations of the competition rules.

2. The results will be voided, participation in the event will be prohibited for three years, and the names of violators who break the following rules will be published on the official event website.:

- Athletes who profit from the assistance of others during the competition (such as riding in a car, being supported, etc.);
- Those who register for a category that does not match their identity or qualification documents;
- Violations of sportsmanship and ethics (such as fighting, insulting referees and event staff, etc.).

TIMING SYSTEM & GPS

1. Each race bib will be attached with a timing chip. The race bib shall be clearly visible on the front of the runner at all times during the race.
2. Failure to wear a race bib, or have no time record at the start, finish and each checkpoint will result in disqualification.
3. The official start time will be gun time. The race result will be based on the time when the athlete passes the timing mat at the finish line.
4. GPS positioning device deposit of RMB 500, 50K athletes to pay the deposit before check-in, return the device after the race, the GPS service provider will refund the deposit within 7 working days after the race. The deposit is non-refundable if the device is missing.
5. The GPS positioning device user guide

ENGLISH



SOS
Press and hold the button for 3 seconds to alarm

On/Off
Turn up to power on.
Turn down to power off.



Indicator Light
After startup, the network light is always, and the positioning light flashes

Notes
Carry it with you.
Do NOT soak in water.

- **Power on:** Open the side waterproof cover and turn it up. The indicator light is on and the startup is successful.
- **Power off:** Turn it down. The indicator light goes out and the shutdown is successful.

Precautions:

1. The GPS needs to be powered on and positioned in an open outdoor area. It is recommended to place it on the top layer of the backpack during the race.
2. To ensure sufficient battery power of the device, it can be powered on within one hour before the start of the race.
3. **Do not turn off the device during the race.**



AWARDS & PRIZE

1. Finisher pack :

Race	Finisher Medal	Online Finisher & Tree Planting Certificate	Finisher Supply	Finisher Souvenir
50K	✓	✓	✓	✓
25/10K	✓	✓	✓	

2.Prize: The overall top 3 male and female athletes of 10/25/50K will receive cash prizes. All cash prizes are before tax. Before delivering the prizes, the personal income tax (20%) will be deducted.

Rank	50K(M/F)	25K(M/F)	10K(M/F)
1	¥5000	¥1500	¥800
2	¥3000	¥1000	¥600
3	¥2000	¥800	¥500

3.Trophy: The overall top 3 male and female finishers of 10/25/50K will receive a trophy and are required to participate in the award ceremony.

4.Qualifying slots for the 2025 XTERRA Trail Run World Championship Full and Half-marathon races will be awarded to the top finishers of 25/50K races at the event:

MALE 58		FEMALE 58	
15-19 2	50-54 6	15-19 2	50-54 6
20-24 4	55-59 4	20-24 4	55-59 4
25-29 4	60-64 4	25-29 4	60-64 4
30-34 6	65-69 4	30-34 6	65-69 4
35-39 6	70-74 2	35-39 6	70-74 2
40-44 6	75-79 2	40-44 6	75-79 2
45-49 6	80+ 2	45-49 6	80+ 2

Remarks: Slots are only valid for the distance in which they were earned. If you earn a slot at a Half-marathon race, it qualifies you for the XTERRA Trail Run World Championship Half-marathon. If you earn a slot at a marathon, it qualifies you for the XTERRA Trail Run World Championship Full Marathon. Downgrading qualifying distances will only be allowed in exceptional circumstances and at the discretion of XTERRA officials. Possible roll downs slots may be available at the discretion of the XTERRA Trail Run Crew.

EVENT SERVICE

Transportation Recommendation

1.High Speed Train

Athletes from other provinces can take a high-speed train (G-series) or train (D-series) directly to **Zhangjiajie West Station**, which is 45 mins by car away from the Race Main Venue.

2.Flight

Athletes from other provinces can fly directly to **Zhangjiajie Hehua International Airport**. If there is no direct flight to Zhangjiajie Hehua International Airport, you can first fly to Changsha Huanghua International Airport, and transfer to Zhangjiajie West Station.

Transfer Guide

Changsha Huanghua Airport → Maglev Express line to Changsha High-Speed Railway Station → Metro Line 2 to Changsha Train Station → Train/High-Speed Railway to Zhangjiajie West Station

Maglev train towards the high-speed railway station departs at 7:00 AM, and the last train departs at 10:30 PM. The trains run at 10-minute intervals, with a travel time of 20 minutes, and the fare is ¥20.

3.Driving by Car

Vehicles can be parked at the large parking lot located at the **Wulingyuan Scenic Area East Gate (Landmark Gate)**.

4.Shuttle Bus Service

	ROUTE	DATE	TIME
Arrival	Zhangjiajie Hehua Int. Airport/ Zhangjiajie West Railway Station ↓ Event Main Venue	10/25	14:00-18:00
		10/26	10:00-20:00
Return	Event Main Venue ↓ Zhangjiajie West Railway Station ↓ Zhangjiajie Hehua Int. Airport	10/27	11:00-20:30

EVENT SERVICE

The bus will leave every 60 mins or when it is fully seated.

Please reserve your seat via the QR code here or through website: <https://jsj.top/f/zGcaNn>. Athletes with family or friend (max 2 companion people) need to book the shuttle bus in advance before Oct. 20. You will need to show your confirmation SMS or booking screen shot to take the bus.



Athletes Perk

Athletes of this event will enter the Zhangjie National Forest Park free of charge from October 26-28, 2024 with their race bib and personal ID card (which must be the same as the ID card type and number submitted during registration).

EVENT SERVICE

Accommodation

Neodalle Zhangjiajie Wulingyuan

Location: 1.6K to the event's main venue

Negotiation Price: RMB 550/Night, breakfast included

Room Type: Deluxe twin bed, Deluxe queen bed

Contact: +86 18607447676 (Please inform the hotel that you are an athlete for XTERRA Zhangjiajie Trail Run to enjoy the special price.)



Pullman Zhangjiajie

Location: 1.4K to the event's main venue

Negotiation Price: RMB 468/Night, breakfast included

Room Type: Superior single room, Superior double standard room

Contact: +86 18707446288 (Please inform the hotel that you are an athlete for XTERRA Zhangjiajie Trail Run to enjoy the special price.)



EVENT SERVICE

Post-race service

1. After finishing the race, you will receive a finisher medal and supplies. Staff will guide you to the post-race rest area, where a brief assessment will be conducted to determine if you need medical assistance or further care. If deemed in good condition, athletes can proceed to the recovery area to rest independently.

2. A post-race dining area is set up in the finishing area, with a variety of drinks and special supplies for athletes to enjoy. In accordance with the purpose of being an environmentally friendly event, disposable water cups will not be provided in the catering area after the race. Athletes are required to bring their own water supplies (environmentally friendly silicone water cups are included in the race kit distributed by the organizing committee).

3. The post-race recovery area offers fascia guns for athletes to help your recovery after the event.

Race Result & Certificate: Scan following WeChat Mini APP QR code to check race result and download Finisher & Tree planting certificate.



Athletes' Photos: Scan following QR code to check and download race photos.



AID & MEDICAL ASSISTANCE

1.The event organiser reminds you to keep note of your mental and physical state at all times. If at any time you do not feel well, please notify one of our volunteers or staff members or medical personnel immediately. Respect your limits and avoid causing greater injury or harm to yourself.

2.Medical aid facilities will be set up at the main venue and along the trail run course. Medical personnel will be able to provide you with medical services at these locations. If an accident occurs on the track during the race, please evacuate to the outside of the track as soon as possible to avoid the possibility of further harm.

3.Medical personnel will patrol the courses to ensure that they can provide medical assistance at the earliest opportunity.

SPECIAL NOTE / Safety Precautions:

1.Please consider your physical fitness. Do not register for the event unless you can finish the race within the cut-off time limits. Safety is first priority, and the event marshals or medical personnel have the right to disqualify athletes according to their physical condition, and the athletes shall not have any objection.

2.To participate in this event, please pay attention to your physical health condition. Please consider carefully. If you have the heart, blood vessels, diabetes and other aspects of medical records, do not hide your health condition and do not participate, otherwise, the participant should be responsible for any accident that might happen during the event. The event organizer shall not be held responsible.

Emergency hotline:15302791416

1.Medical Aids in the main venue:

The medical aid station is located near the finish line. If you need medical services, please look for the red medical tent at the main venue.

2.Medical Aids along trail run course:

The medical aid stations are located side by side with SPs. Please refer to the road map for specific locations.

INSURANCE PLAN

- 1.This event provides public accidental insurance (all details are subject to the insurance contract of the insurance company) covering participants, event staff, and spectators within the designated event venue and athletes' sports accidental insurance as well. Athletes are also recommended to purchase personal insurance according to their individual needs.
- 2.In the event of unforeseeable circumstances such as adverse weather conditions, political issues, or wars, the organizer reserves the right to decide whether to cancel or postpone the event or use alternative routes to ensure participants' safety. The organizer will make further announcements in such cases.
- 3.Athletes must follow the course signages and comply with traffic regulations, signs, markings, and signals during the race. Pay attention to road conditions and ensure personal safety during the round-trip journey.
- 4.Please fill in all fields of the registration form in detail. For any errors or omissions resulting in the loss of insurance coverage, the athletes should bear responsibility.
- 5.Public accidental insurance coverage includes: third-party bodily injury, death, disability caused by accidents during the insurance period. When a claim is made, the insurance company is responsible for compensating the insured for the compensation liability.

Exclusions from coverage:

- 1.Injuries resulting from personal illnesses during sports activities are not covered.
- 2.Symptoms caused by pre-existing personal physical conditions or cardiovascular problems, such as shock, heart disease, diabetes, heat exhaustion, heat stroke, high altitude sickness, epilepsy, dehydration, etc., are excluded from coverage. Public accident insurance only covers injuries resulting from external accidents.
- 3.Athletes with a medical history of the illnesses mentioned in the second exclusion are advised to carefully consider their safety and purchase personal accident insurance on their own.
- 4.If you have a medical history involving any of the following conditions, which are considered high-risk factors for sudden death, please consult a physician for professional evaluation and refrain from participating if advised: unexplained chest discomfort (tightness, pain), unexplained shortness of breath, unexplained dizziness, sudden loss of consciousness, hypertension, heart disease, abnormal kidney function, diabetes, hyperlipidemia, family history of heart disease, or epilepsy.

FURTHER MORE

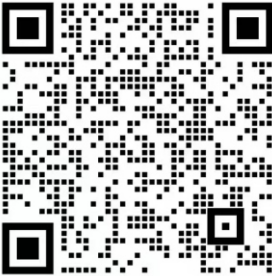
1.DISCLAER: During the event, if athletes incur bodily injuries due to their participation in the race, the organizer will assist in handling insurance claims. However, athletes may not seek any form of compensation from the organizing committee, host organization, or event organizer for reasons such as being covered by existing insurance claims, exclusion from coverage, or non-compliance with the insurance policy.

2.Once athletes register, it is considered that they agree to all the provisions of this competition rules.

3.For inquiries regarding the competition rules, please contact :

E-mail: xterra.china@xterraplanet.com

XTERRA Customer Service WeChat:



XTERRA Club Customer Service WeChat:



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