An aerial photograph of the Weston Park estate in Scotland, taken during the golden hour of sunset. The image shows a large, multi-story red brick building complex surrounded by lush green lawns, trees, and a large circular field. The sky is filled with soft, golden light and scattered clouds.

**XTERRA**®

**WESTON PARK**

***ATHLETES GUIDE***

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# **Welcome Message**

**Welcome to XTERRA Weston Park!**

**We're back for a third year and we're bigger than ever. We've extended the racing to two days, hosting stop 3 of the Elite World Cup and taking the festival feels to the next level.**

**We can't wait to welcome you all to the Weston Park estate for what looks set to be a fantastic weekend.**

**Please read this event guide which covers all aspects of the event in detail.**

**If you have any questions not covered in this document then please get in touch with [UK@xterraplanet.com](mailto:UK@xterraplanet.com) or any of our XTERRA UK social media channels.**

**Please follow us on Facebook and Instagram for any last minute updates.**

**Enjoy your final few days of preparation and we can't wait to see you on race day!**

**The XTERRA Crew**

# Venue Access

**Weston Park is a private venue and as such we insist that access to the race venue is limited across Friday, Saturday and Sunday. Please see the schedule for details.**

**[Venue Entrance - Google Location Pin](#)**

**For details on when the Estate is open to the General Public can be found here - <https://weston-park.com/visit/>**

**Please be prepared to show a copy of your registration confirmation when entering the estate.**

**Spectator tickets can be purchased [HERE](#)**

## Schedule

**Can also be found [HERE](#)**

**Friday 2 May 2025**

<b>10:00 - 18:00</b>	<b>Venue Open For Courses Practice</b>
<b>15:00</b>	<b>Elite-Only Athlete Briefing (Weston Park House)</b>
<b>15:30</b>	<b>Weston Park House Tour (Weston Park House)</b>
<b>16:00</b>	<b>Mountain Bike Clinic (Finish Line)</b>
<b>17:00</b>	<b>Swim Session (Swim Start)</b>

# Schedule

Can also be found [HERE](#)

**Saturday 3 May 2025**

<b>07:00</b>	<b>Venue Open</b>
<b>07:00-10:00</b>	<b>Course Practice (All Courses)</b>
<b>08:30-10:00</b>	<b>Registration &amp; Transition Open (Event Village)</b>
<b>10:15</b>	<b>Race Briefing - Sprint &amp; Super Sprint Triathlon (Swim Start)</b>
<b>10:15</b>	<b>Race Briefing - Sprint Duathlon (Finish Line)</b>
<b>10:30</b>	<b>START - Sprint Triathlon (Swim Start)</b>
<b>10:30</b>	<b>START - Sprint Duathlon (Finish Line)</b>
<b>10:40</b>	<b>START - Supersprint Triathlon (Swim Start)</b>
<b>13:00</b>	<b>START - XTERRA WORLD CUP ELITE (Swim Start)</b>
<b>14:00</b>	<b>Sprint Distance Award Ceremony (Event Village)</b>
<b>14:00 - 16:00</b>	<b>Full Distance Registration Open (Event Village)</b>
<b>16:00</b>	<b>Kids Race (Finish Line)</b>
<b>16:00</b>	<b>Bike Clinic (Event Village)</b>
<b>16:30</b>	<b>XTERRA World Cup Award Ceremony (Event Village)</b>
<b>16:00 - 19:00</b>	<b>Courses Open for practice</b>
<b>19:30</b>	<b>Venue Closes</b>

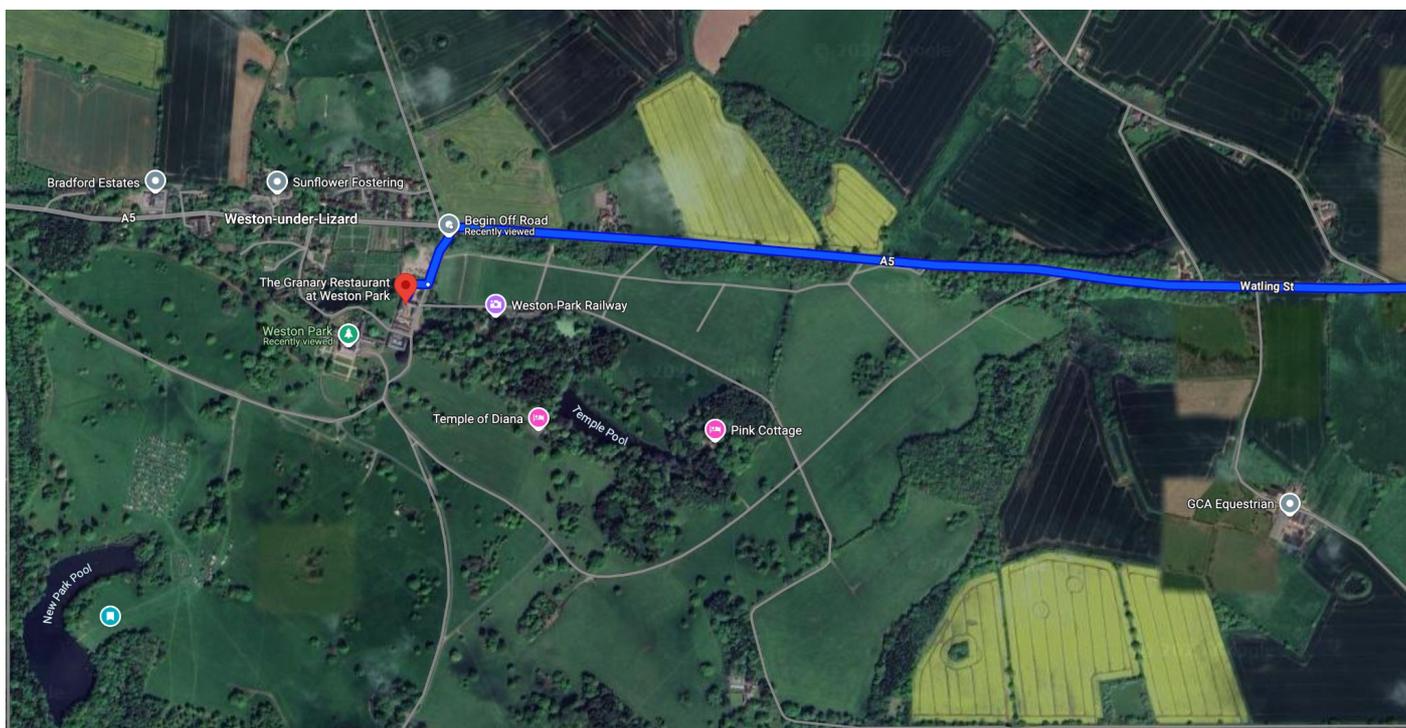
# Schedule

Can also be found [HERE](#)

**Sunday 4 May 2025**

<b>07:00</b>	<b>Venue Open</b>
<b>07:00-10:00</b>	<b>Course Practice</b>
<b>07:30</b>	<b>Registration &amp; Transition Opens (Event Village)</b>
<b>09:15</b>	<b>Registration &amp; Transition Closes - Open Triathlon / Duathlon</b>
<b>09:30</b>	<b>Race Briefing - Triathlon (Swim Start)</b>
<b>09:45</b>	<b>START - Triathlon Open Wave 1 (Swim Start)</b>
<b>09:50</b>	<b>START - Triathlon Open Wave 2 (Swim Start)</b>
<b>10:10</b>	<b>START - Triathlon Open Wave 2 (Swim Start)</b>
<b>09:50</b>	<b>Registration &amp; Transition Closes - Female Triathlon / Duathlon</b>
<b>10:15</b>	<b>Race Briefing - Duathlon (Finish Line)</b>
<b>11:00</b>	<b>START - Duathlon Open &amp; Female (Finishline)</b>
<b>11:05</b>	<b>Race Briefing - Triathlon Female (Swim Start)</b>
<b>11:20</b>	<b>START - Triathlon Female (Swim Start)</b>
<b>15:15</b>	<b>Awards - All Races (Event Village)</b>

# Event Location



## [Venue Entrance - Google Location Pin](#)

Use postcode [TF11 8LE](#) to head towards the venue

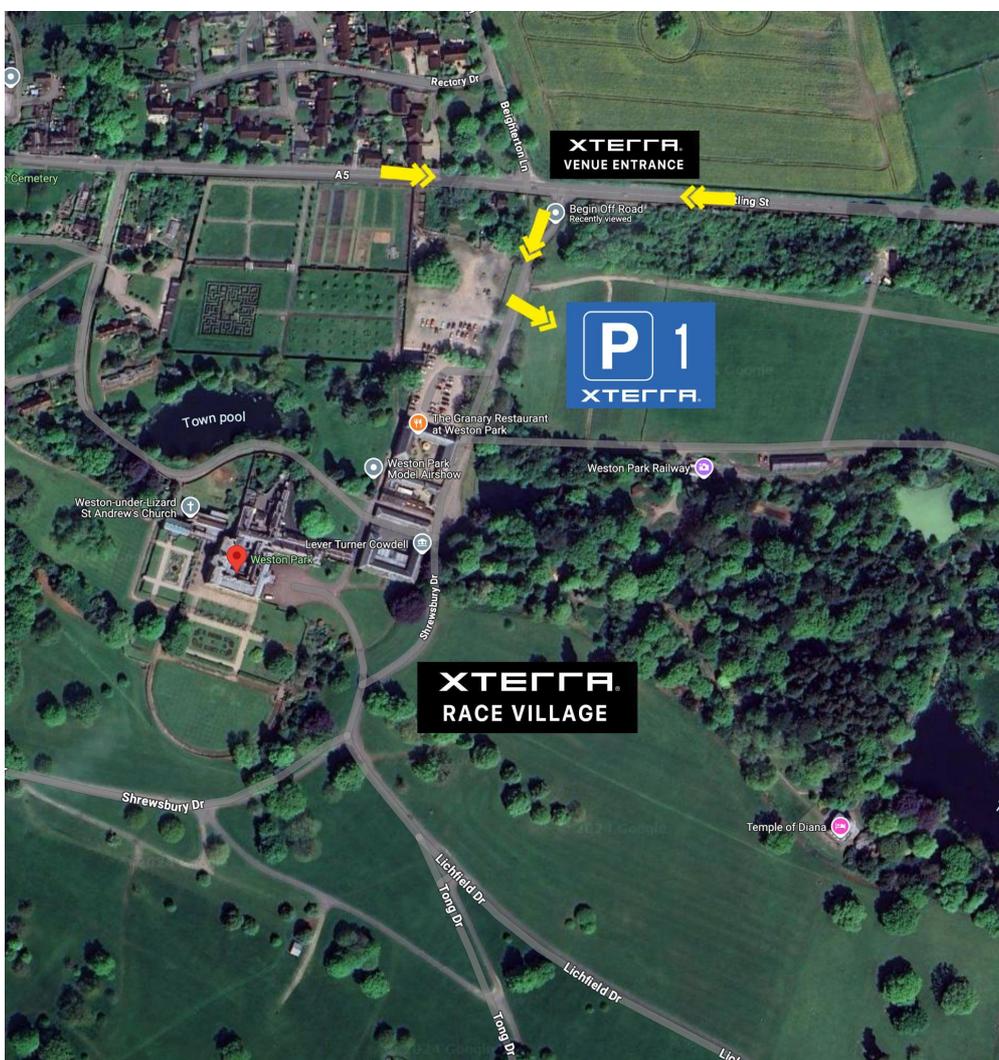
**Exit the M6 at junction 12 towards Telford. Take the A5 following signs for Weston Park. After 9 miles, USE THE SIGNPOSTED MAIN ENTRANCE for Weston Park on the A5 and follow XTERRA signs.**



# Car Parking Venue Entrance - Google Location Pin

**Parking is available on site. Please follow the directional arrows when entering the venue.**

**When you arrive, you'll find plenty of parking on the large grassy field to your left. Please look out for and follow any directions from the marshals. Make sure to park in line with the other vehicles, allowing room for everyone to leave easily after their race. Also, please leave enough space for your fellow competitors to unload their bikes and gear comfortably. There's ample space in the parking area, so there will be plenty of room for everyone! Please Park in Car Park 1 (sign below)**



# Camping

*Camping is still available to book by logging into your Active Account and selecting it as an additional purchase. [Link HERE](#)*

*Full camping information will be sent out in a separate email.*

*Camping tickets will close on Thursday 23:00. There is no option to pay on the day. Please do not turn up if you have not purchased a ticket. You will be asked to leave.*

## Weston Park House Tour

*Weston Park is the former ancestral home of the Earls of Bradford and is now owned by the Weston Park Foundation, an independent charitable trust. The House is home to a world class collection of art, antiques, silver and fine china.*

*We're lucky enough to have an exclusive XTERRA house tour on Saturday at 15:30. Its free of charge, but limited to 25 people, so email [uk@xterraplanet.com](mailto:uk@xterraplanet.com) to book your slot.*

# **Kids Race**



***Get ready for an exciting and fun-filled adventure with the XTERRA Kids Bike-Run! This event is perfect for young athletes aged under 14 who want to experience the thrill of multisport. Participants will compete in two action-packed stages. Off-Road Bike Ride followed by a run to the finish. Bring the whole family to cheer them on and make it a day to remember.***

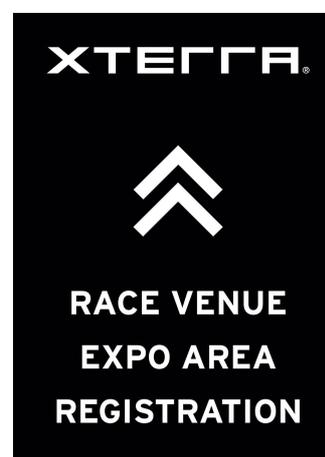
***Sign on at Registration from 14:00, then meet at the finish line for a 16:00 start***

# **Festival**

***In Partnership with the Weston Park Estate, we're expanding our Festival offer with live music on both Saturday and Sunday, DJ HEYBRO, fun fair, giant games, a variety of food trucks and trade stands. So once you're done racing, make sure to come back to the Event Village for some good old fashioned festival fun.***

# Registration

1. Registration is located in the Event Village for all race distances. Signs will guide you to the location where you can collect your race numbers.
2. Check the [STARTLIST](#) and find your number
3. Once there, please join the queue to sign in. When called, approach the desk.
4. Bring an ID with you, as you may be asked to present it.
5. The attendant will give you your race number board and timing chip.
6. Don't forget to pick up zip ties and pins available at the desk to securely attach your number board and bib.



## Race License

Please remember to bring your triathlon race license or proof of purchase of your British Triathlon Race Pass and photo identification to speed up the registration process! If you are **not** a current **CORE** or **ULTIMATE** member of Triathlon England, Triathlon Scotland or the Welsh Triathlon Association, **you will need to purchase a day pass / Race Pass** in order to take part on the day. To save time on race morning you can purchase this online [PURCHASE RACE PASS HERE](#).

**If you are an International Federation License Holder please bring that with you, or proof of travel insurance that includes Triathlon Racing.**

# Checklist

## WHAT TO BRING

*Here is a list of things to remember with you on race day.*

- *Race license / ID for registration*
- *A mountain bike (no cyclocross bikes!) with functioning brakes*
- *Helmet*
- *Triathlon wetsuit - Surf wetsuits are ok too.*
- *Swim Goggles*
- *Race clothing, Tri-suit or swimwear, bike shorts, top*
- *Race belt or pins for race bib*
- *Water bottles for your bike*
- *Reusable cup or soft flask for the aidstations on the run*
- *Spare tube/Co2 canister and multitool in case of an on course mechanical*
- *Trail running shoes*
- *Sunglasses*
- *Hat/Visor (optional for the run)*

## What Bike Should I use?

*The one you already have! Both a hardtail or full suspension bike will be great on the Weston Park trails. Just remember that cyclocross or gravel bikes are not permitted as per British Triathlon Rules*

## What Shoes Should I wear?

*The Run course takes in all kinds of terrain - there is no perfect shoe for the loop, but we would advise against wearing pure racing flats and pick something with a medium tread instead.*

# Course Practice

Friday May 2	13:00 - 18:00
Saturday May 3	7:00 - 10:00 & 16:00 - 19:00
Sunday May 4	7:00 - 9:30

**We've designed the bike course to be enjoyable for riders of all skill levels. While it offers the chance for more experienced riders to achieve high speeds, it remains highly accessible and requires only basic mountain biking skills.**

**Here's how to make the most of the course:**

- **Know your course; With different variations depending on distances there will be some splits. Look for the signs.**
- **Stick within the times above. **NO PRACTICE IS ALLOWED ON SATURDAY from 10:00 to 16:00.** Riders caught practicing the course outside of these times will be Disqualified**
- **For safety, please ride the practice lap carefully and ideally with one or two other riders.**
- **Please follow all instructions from the event marshals.**

**Thank you for following these guidelines and participating responsibly!**



# MTB Clinic

Friday 16:00

Saturday 16:00

**We have 2 MTB rides for you to join. XTERRA UK staff and special guests will be leading a relaxed, social mountain bike recce on the race course. This is an unrivaled chance to explore the course with experts and ask all those pre-race questions you might have ahead of the race day.**

**We'll meet at the event village near the finish line.**



# Bike Mechanic

Friday 10:00-17:00

**We have 2 MTB rides for you to join. XTERRA UK staff and special guests will be leading a relaxed, social mountain bike recce on the race course. This is an unrivaled chance to explore the course with experts and ask all those pre-race questions you might have ahead of the race day.**

**We'll meet at the event village near the finish line.**

# Competition Rules

## [FULL British Triathlon Competition Rules](#)

This event is a British Triathlon Permitted event and will be officiated using British Triathlon Rules. Please familiarise yourself with the rules

### Key Cross Triathlon Rules for Mountain Biking:

- The minimum tyre diameter is 26 inches and maximum is 29 inches. The minimum cross section is 1.5 inch
- Front and rear wheels may have different diameters
- Studded and/or slick tyres are allowed
- Competitors are allowed to push or carry the bike over the course
- Drafting is allowed
- Clip-ons bars are not allowed
- Traditional road handlebars are forbidden
- Traditional MTB bar ends are authorized. Ends must be plugged
- Athletes must bring their own tools and parts and must carry out their own repairs; no outside assistance is allowed
- **Cyclocross bikes are forbidden unless they comply with the above criteria**

### Running:

- Spiked shoes are allowed

## Spectators

**If you plan on bringing supporters or spectators to the race, they will need to purchase a discounted spectator ticket for Saturday and Sunday (Weekend discount available)**

**UNDER 12's GO FREE**

**[PURCHASE SPECTATOR TICKETS HERE](#)**

# **Start Times**

## **Saturday**

**SPRINT Distance Triathlon & Duathlon**

**10:30 All categories**

**SUPERSPRINT Triathlon**

**10:40 All categories**

**XTERRA ELITE WORLD CUP**

**13:00 Elite Men**

**13:02 Elite Women**

**Kids Race 16:00**

## **Sunday**

**FULL Distance Triathlon**

**09:45 Wave 1 - OPEN 18-39**

**09:50 Wave 2- OPEN 40-49**

**10:10 Wave 3 - OPEN 50+**

**11:20 Wave 4 - All Female categories**

**FULL Distance Duathlon**

**10:30 All categories**

# Transition

**All TRIATHLONS** will use a split transition.

Transition 1 is where you rack your bike and anything you may need for the bike course. After the swim you will place your wetsuit, cap and goggles in the Transition mesh bag provided (**please attach your numbered sticker!**). This will be returned to the race village for you to collect after the race.

Transition 2 is where you will place your run shoes, run bib and any items you may require for the run leg.

**All DUATHLONS** will use Transition 2 **ONLY** for the entire race. You do **NOT** have to rack in T1

- Wear your helmet when entering transition.
- Ensure that your bike plate number is attached and shows the number clearly.
- Your bike may be checked for functional brakes and bar plugs.
- There will be a marshal at transition to answer any race related questions you may have.
- Please only bring items into transition that you will be using during the
- Please leave any unneeded items in your car, it is not far from transition to the carpark.



Please make a note of the mount and dismount lines to ensure you don't incur a penalty.

**When collecting or racking your bike, please give way to any athletes still racing.**

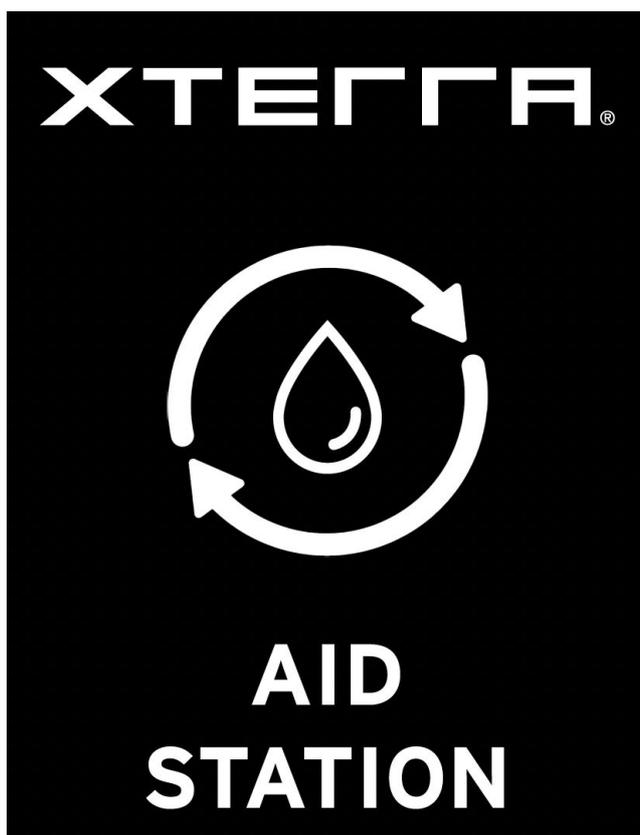
# Race Start

*All Triathlon races will start with a deep water start. There will be a startline briefing 15 minutes before the start of each race. When called please make your way through to the holding area.*

# Aid Stations

***Aid Stations and water points are all service and working on a cupless basis to reduce single use plastic.***

*We suggest using two bottles or a camelbak on the bike and to take a soft flask or speed cup with you on your run.*



# Race Course Distances and Laps

Distances are approximate, and in reality may differ slightly from the below based on GPX data or last minute course changes.

## SATURDAY 3 MAY

<b>SUPER SPRINT TRI</b>	<b>400m Swim 1 lap</b>	<b>8km Bike 1 lap</b>	<b>2km Run 1 lap</b>
<b>SPRINT TRIATHLON</b>	<b>750m Swim 1 lap</b>	<b>16km Bike 2 laps</b>	<b>5km Run 1 lap</b>
<b>SPRINT DUATHLON</b>	<b>2km Run 1 lap</b>	<b>16km Bike 2 laps</b>	<b>2km Run 1 lap</b>
<b>XTERRA WORLD CUP</b>	<b>1500m Swim 2laps</b>	<b>37.5km Bike 3 laps</b>	<b>10km Run 2laps</b>

## SUNDAY 4 MAY

<b>FULL TRIATHLON</b>	<b>1.5km Swim 1 lap</b>	<b>31km Bike 2 laps</b>	<b>10km Run 2 laps</b>
<b>FULL DUATHLON</b>	<b>5km Run 1 lap</b>	<b>31km Bike 2 laps</b>	<b>5km Run 1 lap</b>

Details course maps and GPX files are available at <https://www.xterraplanet.com/event/xterra-weston-park>

# Course Markings

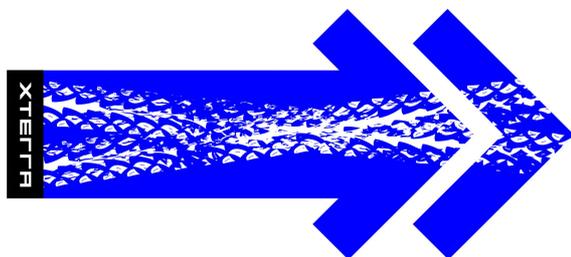
*Both the bike and the run course will be marked using large arrows and survey flags. We are trying to reduce the amount of single use plastic course tape, so this will only be used in key areas.*

**Blue = Bike Course**

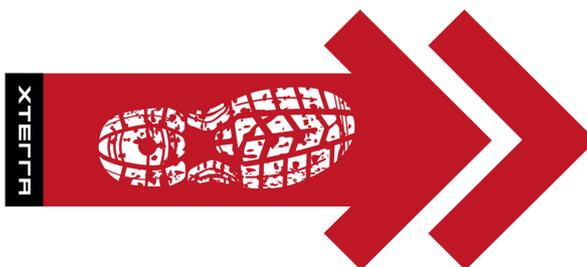
**Red = Run Course**

**We will use CAUTION signs to alert you to any technical sections.**

BIKE COURSE



RUN COURSE



# Post Race

*After crossing the finish line, you'll receive your XTERRA Weston Park finisher drinks coaster and XTERRA towel!*

*Please remove your timing chip and place in one of the buckets at the finish zone.*

*Prize giving:*

*There will be a podium presentation after the races. If you're lucky enough to be on the podium your prize will be waiting for you. If you're not one of the lucky ones please come along, give everyone a cheer and celebrate with them.*

*We'll be celebrating the top three finishers in the following categories*

<b>Super Sprint</b>	<b>Full Distance</b>	
<b>Distance</b>	<b>Elite</b>	<b>45-49</b>
<b>14-15 Youth A</b>	<b>18-19</b>	<b>50-54</b>
	<b>20-24</b>	<b>55-59</b>
<b>Sprint Distance</b>	<b>25-29</b>	<b>60-64</b>
<b>16-17 Youth B</b>	<b>30-34</b>	<b>65-69</b>
<b>18-19 Junior</b>	<b>35-39</b>	<b>70-74</b>
<b>Senior</b>	<b>40-44</b>	<b>75-79</b>
<b>Vet 40+</b>		<b>80+</b>
<b>Vet 50+</b>		

*Results:*

*Live Results will be available [here](#)*

*Full results will be posted on [XTERRA Weston Park Event Page](#)*

# Photography

Mick Hall Photos will providing race day photos. Get a 33% discount by visiting the link below and signing up for notifications when the images are ready.

[Saturday Photos](#)

[Sunday Photos](#)



## Start list

[LIVE RESULTS WILL BE ON TDL EVENT TIMING](#)

Startlists are available on the [XTERRAplanet Weston Park Page](#)



# **XTERRA World Championship**

**58 XTERRA World Championship FULL DISTANCE and 40 XTERRA YOUTH World Championship slots are up for grabs! If you manage to claim a slot you will be invited to compete in Molveno, Italy on the 25th to the 28th September 2025**

**You will receive your invitation to register via email. After which you will have two weeks to enter before the slot rolls down to the next finisher in**

