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APPALACHIAN TRAIL FEST

ATHLETE GUIDE





NOVEMBER 8 DISCOVER SHELBY PAVILION, OMSP

- 6am on-site check-in
- 8am 35K Start
- 8:05 18K Start
- 8:30 Youth 5K Start, Dogwood Pavilion
- 1pm Awards Ceremony
- 5pm The Beer Hog Afterparty



RACE DAY SCHEDULE

REGISTRATION AND PARK ENTRY

- On-site Registration is available Friday at packet pickup and Saturday before the race.
- State Park Entry Fee
 - Oak Mountain State Park charges a per-person gate fee. Your Support ensures events like this thrive for years to come

AID STATIONS & HYDRATION

- Total of 3 Aid Stations
- Primary Aid Station (Mile 6):
 - Snacks, Water, LMNT
- All other aid stations: water only
- Hydration Rule:
 - All 35K and 18K participants must carry a water vessel to enter course.
- This is a **CUPless Event**.
 - Every participants will receive a resusable silicon cup courtesy of SouthernBiotech + Finish Line Events LLC.
- <u>Littering = Immediate Disqualifiation.</u> <u>No Exceptions</u>



FINISH LINE FESTIVAL



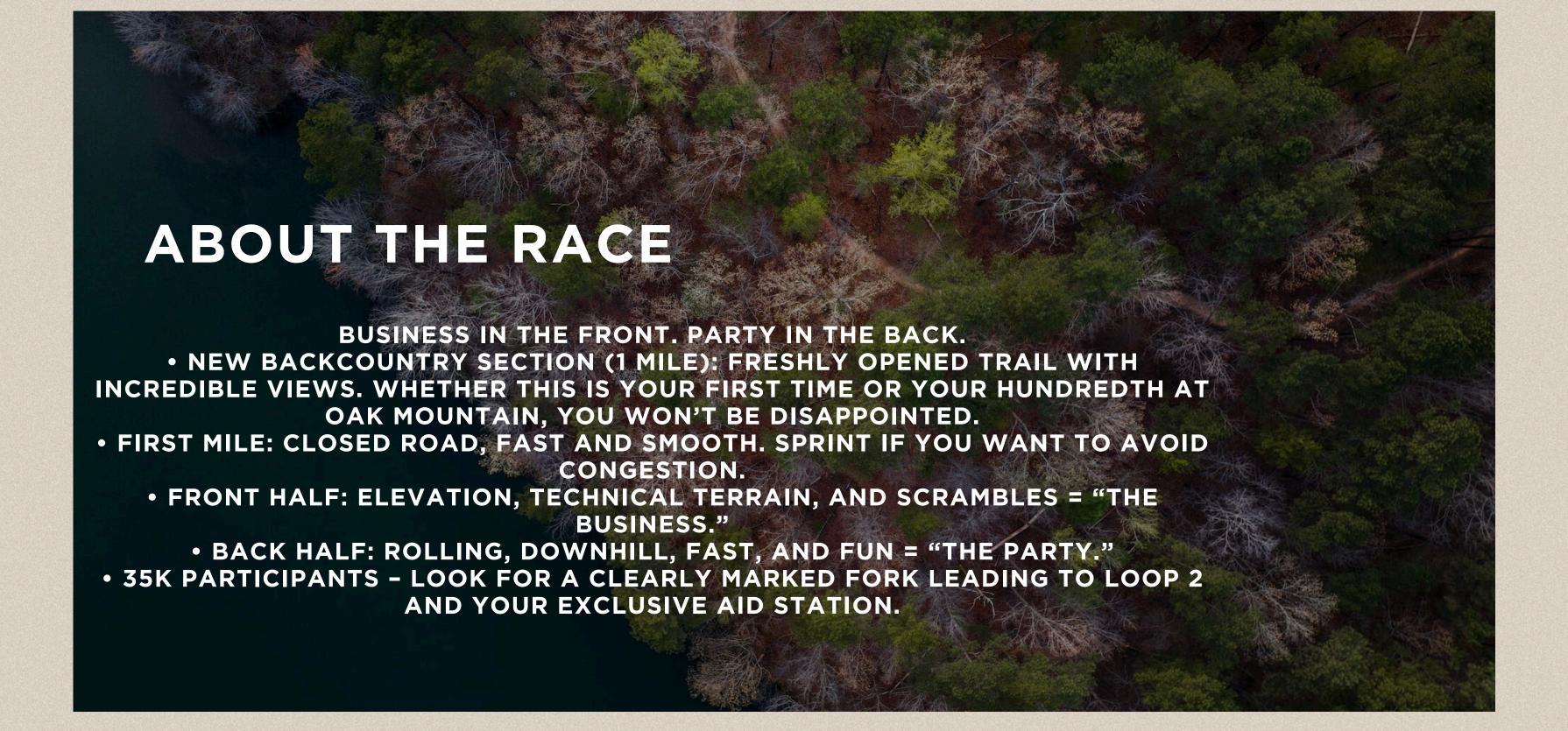
WHEN YOU CROSS THE LINE, THE CELEBRATION BEGINS!

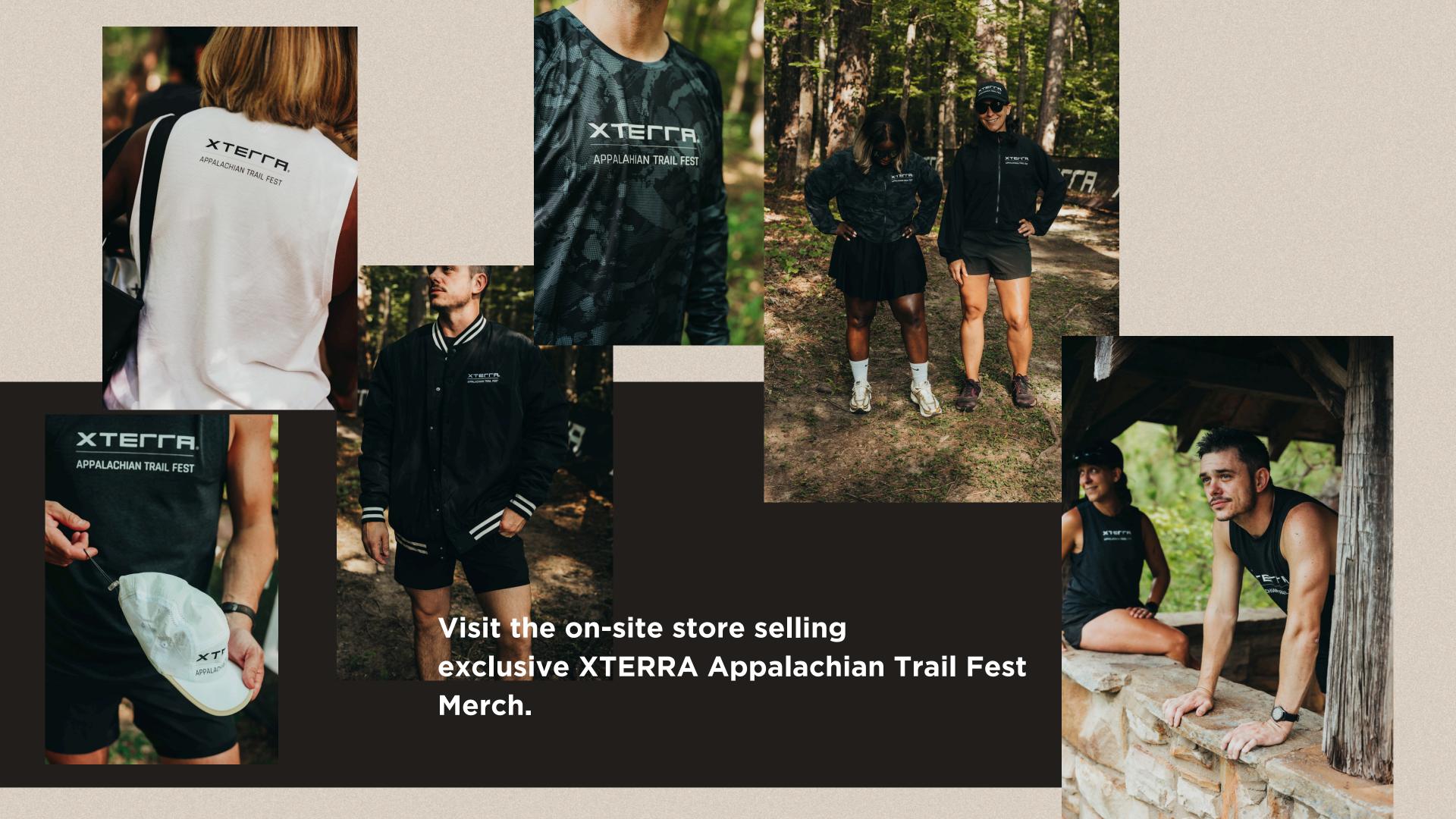
• APPALACHIAN CULTURE: LOCAL ARTISTS, JUG BANDS, BUTTER CHURNING, BLACKSMITH DEMOS, FOOD VENDORS, LIVE MUSIC

• FAMILY FRIENDLY: BRING YOUR PEOPLE—THEY'LL BE ENTERTAINED WHILE YOU RACE.

• PODIUM FINISHERS (35K & 18K): PARTNERING WITH SLOSS METAL ARTS, WINNERS WILL POUR THEIR OWN CUSTOM MOLTEN METAL FINISHER PIECE.









CREW SUPPORT

If your friends or family would like to crew for the XTERRA Appalachian Trail Fest: Email Jonathan at jonathan@finish-line-events.com Crew members must be 16 years or older.

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