



APPALACHIAN TRAIL FEST

ATHLETE GUIDE





# NOVEMBER 8 DISCOVER SHELBY PAVILION, OMSP

- 6am on-site check-in
- 8am 35K Start
- 8:05 18K Start
- 8:30 Youth 5K Start, Dogwood Pavilion
- 1pm Awards Ceremony
- 5pm The Beer Hog Afterparty



## RACE DAY SCHEDULE

#### REGISTRATION AND PARK ENTRY

- On-site Registration is available Friday at packet pickup and Saturday before the race.
- State Park Entry Fee
  - Oak Mountain State Park charges a per-person gate fee. Your Support ensures events like this thrive for years to come

### AID STATIONS & HYDRATION

- Total of 3 Aid Stations
- Primary Aid Station (Mile 6):
  - Snacks, Water, LMNT
- All other aid stations: water only
- Hydration Rule:
  - All 35K and 18K participants must carry a water vessel to enter course.
- This is a <u>CUPless</u> Event.
  - Every participants will receive a resusable silicon cup courtesy of SouthernBiotech + Finish Line Events LLC.
- <u>Littering = Immediate Disqualifiation.</u> <u>No Exceptions</u>



#### FINISH LINE FESTIVAL



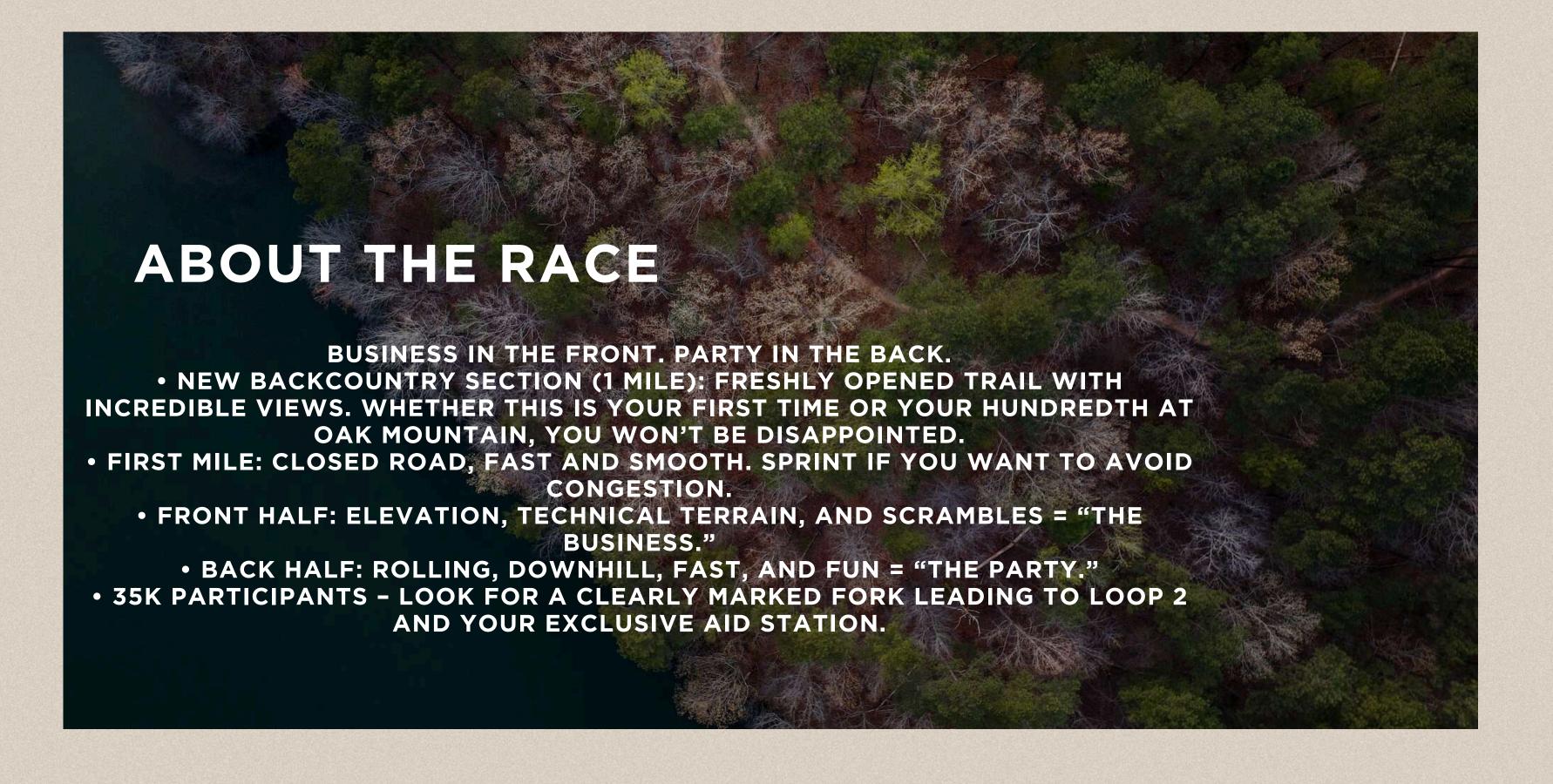
WHEN YOU CROSS THE LINE, THE CELEBRATION BEGINS!

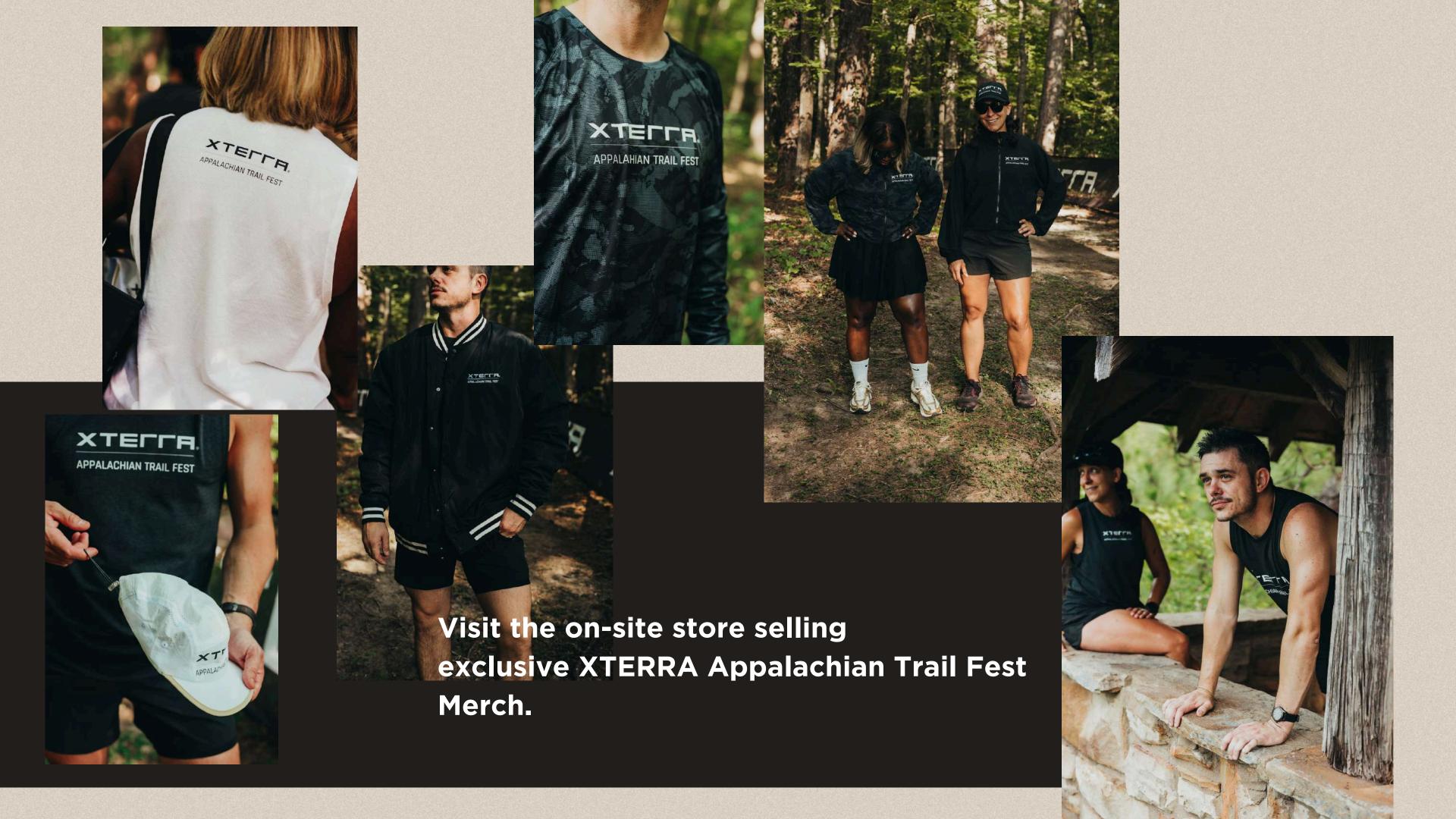
• APPALACHIAN CULTURE: LOCAL ARTISTS, JUG BANDS, BUTTER CHURNING, BLACKSMITH DEMOS, FOOD VENDORS, LIVE MUSIC

• FAMILY FRIENDLY: BRING YOUR PEOPLE—THEY'LL BE ENTERTAINED WHILE YOU RACE.

• PODIUM FINISHERS (35K & 18K): PARTNERING WITH SLOSS METAL ARTS, WINNERS WILL POUR THEIR OWN CUSTOM MOLTEN METAL FINISHER PIECE.









#### **CREW SUPPORT**

If your friends or family would like to crew for the XTERRA Appalachian Trail Fest: Email Jonathan at jonathan@finish-line-events.com Crew members must be 16 years or older.

#### SPONSORS













