



XTRERRA®

APPALACHIAN TRAIL FEST

ATHLETE GUIDE





IMPORTANT DATES

- **October 15, 2025**
 - **Shirt and Medal
Registration Cut-Off**
- **November 7, 2025**
 - **Check-in Helena Old Town
2-8pm**
- **November 8, 2025 Race Day
at Oak Mountain State Park**

NOVEMBER 8

*DISCOVER SHELBY PAVILION,
OMSP*

- **6am on-site check-in**
- **8am 35K Start**
- **8:05 18K Start**
- **8:30 Youth 5K Start, *Dogwood Pavilion***
- **1pm Awards Ceremony**
- **5pm The Beer Hog Afterparty**

RACE DAY SCHEDULE



REGISTRATION AND PARK ENTRY

- On-site Registration is available Friday at packet pickup and Saturday before the race.
- State Park Entry Fee
 - Oak Mountain State Park charges a per-person gate fee. Your Support ensures events like this thrive for years to come

AID STATIONS & HYDRATION

- Total of 3 Aid Stations
- Primary Aid Station (Mile 6):
 - Snacks, Water, LMNT
- All other aid stations: water only
- Hydration Rule:
 - All 35K and 18K participants must carry a water vessel to enter course.
- This is a CUPless Event.
 - Every participants will receive a reusable silicon cup courtesy of SouthernBiotech + Finish Line Events LLC.
- Littering = Immediate Disqualification.
No Exceptions



FINISH LINE FESTIVAL



- WHEN YOU CROSS THE LINE, THE CELEBRATION BEGINS!**
- **APPALACHIAN CULTURE:** LOCAL ARTISTS, JUG BANDS, BUTTER CHURNING, BLACKSMITH DEMOS, FOOD VENDORS, LIVE MUSIC
 - **FAMILY FRIENDLY:** BRING YOUR PEOPLE—THEY’LL BE ENTERTAINED WHILE YOU RACE.

- **PODIUM FINISHERS (35K & 18K):** PARTNERING WITH SLOSS METAL ARTS, WINNERS WILL POUR THEIR OWN CUSTOM MOLTEN METAL FINISHER PIECE.



An aerial photograph of a dense forest with a winding river or stream. The trees are mostly green, with some bare branches visible. The water is dark and reflects the surrounding foliage. The text is overlaid on the left side of the image.

ABOUT THE RACE

BUSINESS IN THE FRONT. PARTY IN THE BACK.

- **NEW BACKCOUNTRY SECTION (1 MILE): FRESHLY OPENED TRAIL WITH INCREDIBLE VIEWS. WHETHER THIS IS YOUR FIRST TIME OR YOUR HUNDREDTH AT OAK MOUNTAIN, YOU WON'T BE DISAPPOINTED.**
- **FIRST MILE: CLOSED ROAD, FAST AND SMOOTH. SPRINT IF YOU WANT TO AVOID CONGESTION.**
- **FRONT HALF: ELEVATION, TECHNICAL TERRAIN, AND SCRAMBLES = "THE BUSINESS."**
- **BACK HALF: ROLLING, DOWNHILL, FAST, AND FUN = "THE PARTY."**
- **35K PARTICIPANTS - LOOK FOR A CLEARLY MARKED FORK LEADING TO LOOP 2 AND YOUR EXCLUSIVE AID STATION.**



**Visit the on-site store selling
exclusive XTERRA Appalachian Trail Fest
Merch.**





CREW SUPPORT

If your friends or family would like to crew for the Xterra Appalachian Trail Fest: Email Jonathan at jonathan@finish-line-events.com
Crew members must be 16 years or older.

SPONSORS

